

**PLEASE HELP:**

*If you find any inaccurate information on this page, please email:  
[miamiguardians@gmail.com](mailto:miamiguardians@gmail.com).*

## **Resources Guide**

### **Arch Foundation**

Population Served: Women

Website: [www.archfoundation.com](http://www.archfoundation.com)

Services: Financial assistance for low-income women or women whose insurance does not cover the Mirena intrauterine contraceptive (prevents pregnancy for five years)

Pregnancy & Planned Parenthood

### **Catholic Charities of the Archdiocese of Miami**

Website: [www.ccadm.org](http://www.ccadm.org)

Services: Housing for homeless, unaccompanied minors, refugees, family counseling, addiction recovery programs, child development, elderly services, emergency food vouchers, rental and utility financial support

Pregnancy & Planned Parenthood

### **COPE**

Population Served: Pregnant teens, teen parents

Phone Number: (305) 233-1044 or (305) 836-3300

Address: 10225 S.W. 147th Terrace, Miami

Services: Uninterrupted learning opportunities for expectant teens or teen parents. Special care, counseling, academic course work, vocational training, and career training.

Pregnancy & Planned Parenthood

### **Emergency Contraception**

Website: [www.ecnow.org](http://www.ecnow.org)

Phone Number: (888) not2late

Services: Emergency contraception information

Pregnancy & Planned Parenthood

### **Family Planning**

Phone Number: (786) 845-0350

Services: Information on sexual health, STDs, HIV/AIDS, birth control; free services for teenagers

Pregnancy & Planned Parenthood

### **Healthy Start Coalition of Miami-Dade**

Name of Program: Fresh From Florida Kids

Population Served: Parents of children 4 - 8 months

Website: [www.hscmd.org](http://www.hscmd.org)

Phone Number: (800) 451-2229

Services: Nutritional counseling, food for children, retail coupons,

Pregnancy & Planned Parenthood

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### **Healthy Start Coalition of**

Name of Program: MomCare

Website: [www.hscmd.org](http://www.hscmd.org)

Phone Number: (800) 451-2229

Services: Assistance choosing a prenatal care provider, scheduling prenatal visits, and information about state programs to improve birth outcomes

Pregnancy & Planned Parenthood

### **Healthy Start Coalition of**

Name of Program: MOMmobile

Website: [www.hscmd.org](http://www.hscmd.org)

Phone Number: (305) 546-2986

Services: Free regular prenatal, pregnancy testing, family planning, and postpartum care

Pregnancy & Planned Parenthood

### **Healthy Start Coalition of**

Name of Program: Share Pregnancy and Infant Loss Support

Website: [www.hscmd.org](http://www.hscmd.org)

Phone Number: (305) 541-0210

Services: Confidential support groups for women and families who have lost a baby during pregnancy or the first few months of birth

Pregnancy & Planned Parenthood

### **HOPE Women's Centers**

Population Served: Women

Website: [www.thereishope.org](http://www.thereishope.org)

Services: Free services for women -- honest answers, no judgment, and all the facts for women to make their own decision. Pregnancy testing/counseling, confidential support, and community referrals.

Pregnancy & Planned Parenthood

### **Mercy House**

Population Served: Pregnant teens

Phone Number: (305) 248-1167

Services: Emergency housing for pregnant teenagers

Pregnancy & Planned Parenthood

### **Promote to Prevent**

Population Served: Everyone

Website: [www.p2ponline.org](http://www.p2ponline.org)

Services: Free anonymous and confidential HIV testing, STD screening, and treatment for youth ages 13-24; free male and female condoms; free pregnancy testing

Pregnancy & Planned Parenthood

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## **Resources Guide**

### **Teenage Parenting Program**

Population Served: Pregnant teenagers and teen parents

Phone Number: (305) 558-2480

Services: Pre-natal care information, parenting training and tools, stress management workshops, childcare and transportation

Pregnancy & Planned Parenthood

### **Teen Time**

Population Served: Youth aged 12-17

Website: [www.teentime.org](http://www.teentime.org)

Services: Education and information; sexual health services; contraceptives; confidential

Pregnancy & Planned Parenthood

### **Women's Emergency Network**

Population Served: Women

Website: [www.wen-online.org](http://www.wen-online.org)

Phone Number: (305) 446-4615

Services: Confidential counseling and pregnancy options

Pregnancy & Planned Parenthood